

Newsletter

"The fundamental level of success is doing the hard things first– If you go for the feared thing first, then the rest of the day is easy." - Robert G. Allen

WEEK B

Sara Jacobs **Principal**



Principal's Update

Dear Parents and Carers,

I would like to start the newsletter this week by thanking once again the ex-students, parent helpers and staff who have generously dedicated their time to support our students in preparing for the upcoming Ten Tors Event on the 11th and 12th May. Undertaking the challenge of covering 35, 45 or 55 miles across Dartmoor in a single weekend is commendable, and we couldn't be prouder of the students who have embraced this endeavour. Witnessing their determination and accomplishment firsthand is a privilege and I look forward to sharing this experience with all the parents and carers who will be supporting them next weekend. You can read more about this later in the newsletter.

As the exam season unfolds this will mean a change to how we structure the College day. Please be aware that from the 13th May we will be adapting the College timetable to include early lunch between 12.25 – 1.25pm, this will allow us to minimise any noise or disruption that would have been caused by lunch clashing with a 1.30pm start for afternoon exams. Well done to all Year 11 students who completed their speaking exam in French or Spanish this week, next week we have the GCSE Religious Studies exam on the 9th May with the first full week of exams starting on the 13th May. A letter has been sent regarding study leave, however to confirm, their last day in college will be Friday 17th May for Year 13 and Thursday 23rd May for Year 11.

A friendly reminder that the Year 7 Parents' Evening is scheduled for May 16th and we hope to see as many parents/carers attend as possible. This occasion provides an essential opportunity for us to engage in discussions about your child's progress and collaborate to ensure your child receives the support they need to thrive.

Lastly, I'd like to reiterate that nose piercings are not permitted as part of our College uniform policy. While we value individuality and self-expression, certain aspects of personal appearance, such as nose piercings, contravene our uniform expectations. Your cooperation in upholding these standards is greatly appreciated.

Have a lovely extended bank holiday weekend.

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Sara Jacobs, Principal

Key Dates for Summer Term

| 6 May 2024—Early May Bank Holiday. School closed. | 6 June—Y10 Parents Evening |
|---------------------------------------------------|-------------------------------|
| 16 May—Y7 Parents Evening | 28 June—Year 11 Prom |
| 27 to 31 May —Summer Half Term | 9 July—Sports Day |
| | 10 July—Reserve Sports Day |
| | 24 July—Summer Holiday Begins |

College News

Annual Sports Awards Evening

On Thursday 18th April, the PE team gathered in the school hall for the annual Sports Awards Evening to celebrate the success and commitment of Year 9, 10 and 11 sporting teams.

This invite only event was well supported with over 100 pupils in attendance. Pupils across Year 9, 10, 11 received an invite after showing their commitment to their sports club at school. Speeches were given by each coach and a performance and effort certificate was awarded for each age group and each sport.

To add to the occasion, we were fortunate to be joined by guest speaker Harry Kite of Exeter City, who spoke about his sporting career and journey to becoming a professional sports person. Attendees to the event were able to ask him a few questions.



During the evening, we presented the RRS AWARD (Rights Respecting School award). This year, the award was presented to four Year 10 girls who have shown commitment throughout the year, coaching younger age groups in a sport in their leaderships skills. The four girls recognised were Summer Stone, Shola Dow, Savanna Bailey, and Amy Bourne.



Across the evening as well as celebrating sporting success, it was an opportunity for the Year 9 students to hear about the achievements of the older age groups and be inspired to take up the opportunities available or offered to them.

Year 10 students who have shown four years commitment to one or more sporting clubs at Clyst Vale were awarded the Clyst Vale Half Colours Award. They will gain the Full Colours Award next year if they continue to commit to one or more sporting clubs in Year 11..

The current Year 11s are a very talented sporting year group and fifty Full Colour Awards were awarded to students.



The last award of the evening to be presented was the Young Ambassador Award. This award is usually given to a student in year 11, a student who has shown commitment to sport for five years, is a role model to others and keen to help, volunteer and lead groups in clubs and lessons. This year, there were eight year 11 nominations for the title and Dan Horn who is very much valued and respected by his peers and the PE Department, was named Young Ambassador of the Year.

The evening was a chance to celebrate the success and sporting achievements of individuals, teams and year groups. We were able to include the Year 11 parents for the first time and it was a great success. The PE team were immensely proud of the students and their attitude and effort towards to their sports this year.

Thankyou to all the PE Team for again putting on this event, it was hugely successful and we look forward to seeing what the next year holds for our students.

Mrs Broomfield

Post 16 News

News from Post 16

This week, many Post 16 students have been sitting final exams in Fine Art and BTEC PE – well done to all Year 13s involved for their hard work and positive attitude!



13th May marks the beginning of the main AS/A2 exam season, with Year 13's last day of timetabled lessons taking place on Friday 17th May. On this date, we will have a farewell barbecue at lunchtime, where students and staff will gather to wish our 2024 cohort well, as they enter their key examination period.

Year 12 are all meeting with Adam Williams on Friday 3rd May for a very timely session to learn about strategies and approaches for dealing with exam stress and anxiety.



On a different note, on Friday this week, Post 16 are very excited to be running their Eurovision Raffle! This is a fundraiser which simultaneously marks Europe Day (9th May), and also celebrates the diversity and togetherness brought to us each year by Eurovision. The first prize of the raffle will be a Europe themed cake (thank you Mrs Padden for your expertise and artistry!), with genuine Eurovision 2024 memorabilia for the runners-up. Proceeds will be used to improve Post 16, with the priorities being decided democratically by student vote.

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Student of the Week

| NP2N & Amelia Roberts 7GRTU Cora Lewis 7GHE 7RER 7RGG Oscar Rice 7YCBO NP2N 7YCFL | Sophie Woods 8GMN Cobie Randall 8GLT 8RDF Max Osborne 8RTMA Chloe Watts 8YGGA William Askew 8YBH | Holly Middleton & Evie Drew 9GCMC Jake Lucas 9GDJ NP2N 9RBAT Ella Wright 9RNS Martha Searle 9YMBR Isla Knowles 9YSWA |
|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| Year 7 | Year 8 | Year 9 |
| Raiki Davies 10GABR Harry Metherell 10GDH Harry Bowern 10RZB Ruby Hopkins 10RSGA NP2N 10YSS Madison Edmondson-Bond 10YADA | Otto Moxey-White 11GAW 11GGT Olivier Krzemien 11RMAH 11RCMO Alex Glassborow 11YDST Martha Glen 11YLH | Alden Tabor 13AT |
| Year 10 | Year 11 | P16 Commendation |



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

| Sara Jacobs | Principal | Jacobss@clystvale.org |
|----------------|-------------------------------|------------------------|
| Lisa Martin | Deputy Principal (Curriculum) | martinl@clystvale.org |
| Paul Sutton | Deputy Principal (Pastoral) | suttonp@clysvale.org |
| Ann Hopkins | College Manager | hopkinsa@clysvale.org |
| Allen Bailey | Assistant Principal | baileya@clystvale.org |
| Louise Telford | SENDCo & Assistant Principal | telfordl@clystvale.org |
| Claire Haynes | Head of Post 16 | haynesc@clystvale.org |
| Lisa Jones | Early Help | jonesl1@clystvale.org |

Student Services Key Updates and Reminders

PE Kit and Jewellery—A message from Mr Powell, Head of PE

I would like to remind all parents that as part of our kit policy in PE at Clyst Vale, no jewellery is allowed to be worn in practical sessions. This is for the safety of your child and also the safety of others in the class. A small amount of jewellery is permitted to be worn around school by students, but this must be removed for PE. Jewellery that is not allowed by the school such as facial piercings will be challenged by all staff and not tolerated in PE. Having taught for many years in a variety of schools I appreciate that we will always need to remind students of this so that they can enjoy their lessons in safety. As always, we are grateful for your ongoing support.

Year 11 Early Finish Consent Form

Thank you to all who have completed the consent form for their Year 11 child to finish early on 23 May 2024. If your child is in Year 11 and you have not completed the form yet, please click on the following link <u>https://forms.office.com/e/4uwT0GTpFe</u>.

Exam Certificates

If your child took their GCSE or A Level exams last summer and they haven't collected their Certificates, please could you ask them to pop in to collect them. Thank you, Reception.

Lunchtime and After School Clubs

The Lunchtime and After School Clubs list for Summer Term is available. Please see the Extra-curricular Clubs and Activities page.



Can you help?

We are looking for clothing donations for our Prom attendees, if you have any prom dresses or formal wear to donate, please bring in to reception or contact Student Services via our email, studentservices@clystvale.org , or phone 01392 463910. Thank you!

Found Glasses



Has your child lost a pair of glasses? Three pairs of glasses have been handed in over the last term and not claimed. If your child has lost a pair, please contact Reception on 01392 461407/reception@clystvale.org or alternatively, please ask your child to go to Reception to see if any of them are theirs.



Reminder—Data Collection

Our data for contacts is very important. We need correct details to contact parents/ carers in emergency situations e.g. first aid. Please can you check the details we have for you on EduLink. This will include address, mobile number, email address and title. If you could please check the details we have for your child at the same time; address, medical practice, medical conditions and consents. For guidance to use EduLink, please click this link <u>Edulink Help – CVCC (clystvale.org)</u>

Extra-curricular Clubs and Activities

LUNCH CLUBS Summer Term 2024

| Day | Club | Time | Where | Changing Room | Teacher |
|-----------------------|-------------------------------------------|-----------|--------------|---------------|------------------------------------------|
| Monday | GCSE Spanish Revision | Lunchtime | MF4 | 0.0 | Mrs McConachie |
| Monday | Maths Set 2 Year 11 | Lunchtime | MA8 | | Miss Barratt |
| Monday | Tech Club – Years 7 to 9 | Lunchtime | DT2 | | Mr Arthur Mr White |
| Monday | Music Practice Club | Lunchtime | PA2 | | Mr Hawkins |
| Monday | Badminton – Years 10 to 13 | Lunchtime | Sports Hall | Sports Hall | Mr Powell |
| Monday | Weights – Years 10 to 11 | Lunchtime | Studio | I | Mr Pearce |
| Monday | Badminton Year 10-13 | Lunchtime | Sports Hall | Sports Hall | Mr Powell |
| Monday | Weights Year 10-11 | Lunchtime | Dance Studio | | Mr Pearce Mr Court |
| Monday | Dungeons & Dragons Club Week B | Lunchtime | IT3 | | Mr Bailey |
| Tuesday | Science Club – Year 7 – Week B | Lunchtime | SC9 | | Miss Tuthill/Ms Spencer |
| Tuesday | Choir | Lunchtime | PA2 | | Mr Hawkins |
| Tuesday | Ten Tors – Years 9 to 11 | Lunchtime | IT4 | | Mr Eales/Miss Barratt |
| (after Oct half term) | | | | | |
| Tuesday | Amnesty | Lunchtime | EN7 | | Miss Watt |
| Tuesday | Year 7 Book Club | Lunchtime | Library | | Mrs Southard |
| Tuesday | Ten Tors | Lunchtime | IT4 | | Miss Barratt |
| Tuesday | Dance Club – Year 9 | Lunchtime | Studio | Humanities | Miss Hall |
| Tuesday | Girls Basketball – All Years | Lunchtime | Sports Hall | Humanities | Mrs Elliot |
| Wednesday | Badminton – Year 7 & 8 | Lunchtime | Sports Hall | Sports Hall | Mr Powell |
| Wednesday – Week A | GCSE Food Theory Catch Up – Year 11 | Lunchtime | DT2 | | Mrs Crook |
| Wednesday Week B | LGBTQ+ | Lunchtime | MF1 | | Ms McConnachie |
| Thursday – Week B | GCSE Photography | Lunchtime | IT4 | | Mrs Wakefield |
| Thursday | GCSE Spanish Revision | Lunchtime | MF4 | | Mrs McConachie |
| Thursday | Geographers Club | Lunchtime | HU8 | | Mr Thomas |
| Thursday | Hospitality and Catering Catch Up Year 10 | Lunchtime | IT1 | | Miss Collins |
| Thursday | History Club- All Years | Lunchtime | HU7 | | Miss Nash |
| Thursday | Indoor Football – Year 10 | Lunchtime | Sports Hall | Sports Hall | Mr Pearce |
| Thursday | Girls Fitness – Year 10 & 11 | Lunchtime | Studio | Humanities | Mrs Broomfield |
| Thursday | Girls Football – Years 7 to 9 | Lunchtime | Field | Humanities | Mr Stapleton |
| Thursday | GCSE Dance Club – Year 10 & 11 | Lunchtime | Studio | Humanities | Mrs Elliott |
| Thursday – Week B | GCSE Food Theory Catch Up – Year 11 | Lunchtime | DT2 | | Mrs Crook |
| Thursday – Week B | GCSE Art Club | Lunchtime | AR2 | | Mrs Walton |
| Friday | Year 10 Beginners German | Lunchtime | MR4 | | Mrs McConachie |
| Friday | Speedcubing | Lunchtime | HU2 | | Mrs Harrison |
| Friday | Inter Tutor | Lunchtime | Various | Various | Mr Pearce Mr Powell |
| Friday | Indoor Football – Post 16 & Year 11 | Lunchtime | Sports Hall | Sports Hall | Miss Hall Mrs Broomfield Mr Stapleton |
| 1 | | | | Sports Hall | |
| Friday | Yu-Gi-Oh Club All Years | Lunchtime | SC3 | | Mr Moxey |
| Friday | Jazz Band | Lunchtime | PA3 | | Mr Hawkins Miss Williams |
| Friday – Week A | LGBTQ+ | Lunchtime | MF1 | | Ms McConnachie |

After School Clubs Summer Term 2024

| Day | Club | Time | Where | Changing Room | Teacher |
|-----------|-----------------------------------------------|---------------|-----------|---------------|-------------------------------------------------|
| Monday | Homework Club | 3:30-4:45PM | IT2 | | Supervisor |
| Monday | Netball Year 8 | 3:30-4:30PM | Courts | Humanities | Miss Hall |
| Tuesday | Homework Club | 3:30-4:45PM | IT2 | | Supervisor |
| Wednesday | Homework Club | 3:30-4:45PM | IT2 | | Supervisor |
| Wednesday | Drama- All Years | 3:20-4:45PM | PA1 | | Miss Ruscoe |
| Wednesday | GCSE Revision Sport Studies/ PE Catch up | 3:20- 4:30PM | IT3 | | Mrs Broomfield |
| Wednesday | Football All Years | 3:20-4:30PM | Field | Humanities | Mr Powell, Mr Stapleton, Mr Pearce, Mr Court |
| Wednesday | Netball Year 7 | 3:20-4:30PM | Courts | Humanities | Mrs Elliot, Miss Hacke-Woods |
| Thursday | Homework Club | 3:30-4:45PM | IT2 | | Supervisor |
| Thursday | GCSE D&T | 3:20- 5PM | DT1 & DT2 | | Mr Arthur & Mr Hewlett |
| Thursday | GCSE Spanish | | MF4 | | Mrs McConachie |
| Thursday | Cooking Club Yr 8/9 (before Feb Half term) | 3:30-4:30/5PM | DT3 | | Miss Collins |
| Thursday | Cooking Club Yr 7 (After Feb Half term) | 3:30-4:30/5PM | DT3 | | Miss Collins |
| Thursday | GCSE Food Catch up Session | 3:30-4:30PM | DT2 | | Miss Crook |
| Thursday | Netball Year 10/ 11 | 3:30-4:30PM | Courts | Humanities | Mrs Broomfield |

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Sports Updates, Fixtures and Extra-curricular Clubs

Play on the Pitch Tournament

Very well done to the Year 10 boys and girls that braved the wet weather on Tuesday to enjoy a day's football tournament on St Jame's Park, home of Exeter City. Teams from around the county arrived to complete in a round robin tournament where unusually, mixed gender sides were required. The format was a huge success and friendly competition was shown by all players on the immaculate pitch. Clyst Vale captained by Theo started well with goals flying in from Charlie, Harry M and Harry B as well as Rhys. In defence Tilly stood resolute against tough opposition partnered by Harry B. In goal Jack was on fire stopping everything sent his way and after the first round of matches, Clyst Vale had won all but one game and not conceded a goal. Ruby swapped in each half for Tilly and showed a good press as she harried the opposition players into mistakes and liked well to team mates when on the ball. Charlie continued to impress with his heads up football and Clyst Vale were looking the strongest side there. The tournament repeated it's matches and first Teign, then Dawlish and Teignmouth all fell by the wayside as the team surged on. A penalty given away on a wet pitch led to an opposition goal to St James, but not a loss. Harry M looked imperious as he transitioned from defence to attack and Tilly's touch was at times subline. Clyst Vale finished top of the league and had to play St Lukes in the final. Clyst Vale were on top though out, hitting the post and carving out chances, but then from nowhere a Harry B howitzer snapped the opposition goal post, the ball fell loose to the keeper. Clyst Vale stopped, St Lukes continued to play and nicked a goal at the death. An odd end, but a brilliant day out at a top class venue. A real treat for the students who commented on the pace of the ball across the beautiful surface, a far cry from our sports fields. Thank you to the organisers and well done again to all that represented Clyst Vale so well. Player of the Tournament: Harry M - near faultless in both attack and defence, huge amounts of energy and an excellent attitude.



Sports Updates, Fixtures and Extra-curricular Clubs

Ten Tors Challenge 2024

Since last November a group of approximately 62 year 9 & 10 students have been training hard for this year's Ten Tors Challenge which takes place on Dartmoor 11th – 12th May 2024. It's the twelfth year Clyst Vale has had teams in the Ten Tors event, and we wish all the students taking part every success on their routes. They've all done fantastically well over the last 6 months training, contending with the full range of British weather on the walks from heavy rain to sun, hail, gales, low cloud, mild & freezing temperatures plus a bit of snow. Also been camping on campsites, as well as wild camping, around Dartmoor in a range of conditions too. Hopefully they are well equipped with the skills, experience and kit to conquer the challenges of walking 35/45/55 miles, in 2 days, whilst carrying all their camping/safety gear, navigating, plus walking the many hills and valleys of Dartmoor – we wish them all well on their challenge! It will be possible to follow their progress around the routes via the Ten Tors website (www.tentors.org.uk/).

The Army awarded us 4 teams in September 2023 (2 x 35-mile, 1 x 45-mile, and for the first time ever 1 x 55mile!). Students from years 9 & 10 are mixed throughout the teams so it has been great seeing the different ages working so well together. It was great we were able to offer spaces on the main event weekend to all those who made it through the whole 6 months of training. The 55-mile team comprises an ex-Clyst Vale student and some others from different establishments forming together to make the team & do the training, so we wish them all well on their daunting challenge of walking 55-miles, in 2 days, with heavy rucksacks.

All the Ten Tors training events could not happen without the help and assistance of many volunteers freely giving up their weekends to ensure the students were safe out on the moor in all the varied weather conditions. So a big thankyou must go to those that helped this year, in no particular order: Graeme, Cathy, Harry, Dan, Adam, Annelise, Mr Hewlett, Miss Barratt, Mrs Keene, Harriet, Ben, Tim, Jamie, Andy, Darren & Steve (plus Flo, Joel & Lenny from year 11 who helped on a training weekend) – a mixture of CVCC staff & students, parent helpers and ex-students who came back to help. Many thanks to all of you for all your help, we couldn't have done it without you so no matter how big or small your contribution, it's most appreciated!

We would also like to wish all other Clyst Vale students participating in the Ten Tors challenge with other organisations like the Cadets, Explorers and others, every success too. Look forward to seeing many of them around the Army camp on the Friday 10th May as they explore the Camp, plan their routes, and enjoy the atmosphere before embarking on the challenge 7am Saturday morning!



Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 - 11 Absences Sharon Leaman/Cath Prunty (Attendance Officers) Direct line: 01392 463911 Email: studentabsence@clystvale.org

For Year 12 - 13 Absences

Sue Voysey (Assistant to Head of Post 16) Direct line: 01392 462697 Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org

Vacancies

Graduate Trainee Teacher Apprentice

Salary: up to £28,000 dependent on subject specialism and experience

Job Type: Fixed Term

Location: Devon

Description

This is an exciting opportunity to enter the profession and gain significant teaching experience while studying to become a fully qualified teaching professional. The Graduate Trainee Teacher role, in conjunction with the Graduate Teacher Programme and Buckinghamshire University, offers talented and motivated graduates the chance to study towards the full range of professional teaching qualifications while gaining significant on the job and classroom experience and earning a competitive salary which reflects your prior academic success. On completion of the apprenticeship, you will hold a PGTA (level 6) or PGCE (level 7) academic teaching qualification, QTS (Qualified Teacher Status) allowing you to practice in the UK and abroad and a teaching apprenticeship as well as having a minimum of 600 hours of teaching experience. Unlike traditional taught routes into teaching, you will be a fully fledged member of the school community from day one, acting as both lead teacher and tutor to students and being involved in all areas of school life.

The closing date for all applications is Friday 10th May 2024. Interviews will take place w/c 19th May 2024

Maintenance Caretaker

Salary: £24,109 (pay award pending) Job Type: Permanent Location: Devon

Description

Starting as soon as possible, we are looking to recruit a good maintenance allrounder. Ideally you will have a range of maintenance skills including carpentry, plumbing, plastering etc. A trade background would be desirable but not essential. Hours of Work: Term Time 33 hours 45 minutes per week x 39 weeks 11:30 – 19:00 Monday - Friday 45 minutes unpaid break per day Holiday Time 33 hours 45 minutes per week x 13 weeks 09:30 – 17.00 Monday – Friday 45 minutes unpaid break per day We are looking for: - Experience of general maintenance - Ability to undertake a range of maintenance tasks, including carpentry, - Good computer skills. - GCSE grade C in Maths or English or equivalent - Trade qualification or equivalent is desirable but not essential

The closing date for all applications is Sunday 5th May 2024. Interviews will take place on Friday 17th May 2024.

To find out more and to apply for any of these positions, please follow this link to our website: <u>https://</u> www.clystvale.org/vacancies/ and click the blue 'Apply Now' button.

Job of the Week

These are provided through the MYPATH careers webpage.

MARINE BIOLOGIST

Marine Biology is the study of everything in water and the environments surrounding, often with the aim of protecting environments.

There are a wide range of Marine Biology careers to choose from, this could be field work, academic research, laboratory work, consulting, charity, outreach or policy making.

Marine Biologists can work anywhere with water nearby! This can often be outside of the UK.

Salaries can vary greatly. Entry level research positions have an average salary of around £14,000. xperience and qualified Marine Biologists can earn between £26,000 and £45,000 per year.

JOB OF THE WEEK 13

Community Noticeboard



May 2024 Newsletter



CPD training for anyone who works with children or teenagers. **National Standards CPD accredited sessions** All sessions booked & delivered online via facefamilyadvice.co.uk

Thursday 2 May

19:00 - 21:00 £24

> Monday 13 May

19:00 - 21:00 £24



Anxiety Explained

Anxiety, especially in our young is rising. This session explains what it is, why it happens and how you can help.

Autism: Improving Communication

Small changes can lead to huge improvements with your ability to communicate with someone on the spectrum.

Monday 20 May

19:00 - 21:00 £24

Tuesday 21 May

19:00 - 21:00 £24



Understanding the Teenage Brain

Improve your understanding and communication with your teen. Why they think, feel and behave very differentlky from adults.

Raising Self-Esteem

How to support healthy self-esteem in your children and yourself. Easy to apply interventions shared.

facefamilyadvice.co.uk.

info@facefamilyadvice.co.uk

Community Noticeboard

DEVON % CRICKET

Find your nearest club Play your best game #HerGameToo



Community Noticeboard



FREE Kids' Clothes 'Swap Shop' (0-16yrs) Exeter Christadelphian Church

Because of the current cost of living crisis, from **next Thursday 2 May and on every 1st and 3rd Thursday**, we will be running a **FREE** Kids' Clothes 'Swap Shop' from our church at 36 Heavitree Road (opposite the Triangle Car Park) for the benefit of Exeter families.

Before we could begin this community project, we needed to build up a stock of **good condition**, **clean clothing** and have been overwhelmed with donations of clothes, mainly for nursery and primary aged children.

Can you please help us by donating any clean summer and winter items that your older children have grown out of? All items can be delivered to us at the church on **Thursdays between 10 and 12 noon**. (Short-term vehicle access to the hall, for unloading only, can be found at the rear, via a narrow lane which runs between Spicer Road and Denmark Road.)

We already have quite a large stock of sizes Birth to ages 3/4 and will be open for 'Swaps' every 1st and 3rd Thursday from 2 May.

We will also be running our weekly café at the same time so you can enjoy a drink and a piece of cake whilst you are there.

For any further info, contact us on 0758 069 4103.



A guide to our services



DiAS provides information, advice and support about special educational needs and disability (SEND). We support children and young people with SEND and their parents and carers.

Impartial | Confidential | Free

BEATS COLLECTIVE

Music Production Sessions Mon 29th April then 1st Monday of every month 5 - 6 pm on Discord

SPACE | & C ARTS COUNCIL

Life works Youth Group

Lifeworks is a community organization dedicated to empowering individuals with learning disabilities through tailored clubs and supportive social clubs.

At Lifeworks, we recognize the unique challenges faced by individuals with learning disabilities, and we're committed to providing a nurturing environment where they can thrive, connect, and grow. That's why we're thrilled to share our Learning Disability Clubs, designed specifically for young people who are looking for a safe and inclusive space to learn, socialize, and build confidence.

Our Learning Disability Clubs meet on alternative Saturdays during term time, from 10am to 3pm.

Lifeworks College, Dartington, Totnes TQ9 6JD

** Youth Group:** 11 to 17 year olds

sign up @ spaceyouthservices.org

email: info@bsharp.org.u

Led by experienced staff trained in supporting individuals with diverse learning needs, our program offers a range of engaging activities and workshops tailored to the interests and abilities of our members. From creative arts and recreational games to life skills and social outings, we strive to provide a holistic approach to learning and development.

We believe that every individual, regardless of their abilities, deserves the opportunity to reach their full potential. If you know someone who could benefit from our programs or if you'd like to learn more about Lifeworks, please don't hesitate to contact us.

You can visit our website Lifeworks Community Programmes - Lifeworks (lifeworks-uk.org) or reach out to us directly at lifeworks-community@lifeworks-uk.org. Tel 01803 865075.

Supporting Learning at Home

Supporting learning at home is vitally important to your child's view of education and achievement.

Learning at home can be done in a number of ways depending on your child's age, interests and the point they are at in their educational journey. But in general you can build your child's confidence by being optimistic about learning yourself and demonstrating your interest in learning new things. Follow this link to find out more

Supporting learning at home | Parentkind



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

http://www.clystvale.org/ contact-us/

Stationery for Sale

Mock/GCSE pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00





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