

"Our human compassion binds us the one to the other—not in pity or patronisingly, but as human beings who have learnt how to turn our common suffering into hope for the future." – Nelson Mandela

Principal's Update



Sara Jacobs
Principal



Dear Parents and Carers,

This week, our Year 10 students deserve recognition for the positive way they engaged in their work experience preparation day. On Tuesday, they participated in a valuable day of careers education, using time with their Tutors to explore potential career paths and discuss future opportunities. This experience has helped them better understand the types of placements they might pursue next summer, offering valuable insights into their aspirations. Please do discuss work experience with your child, we are confident the learning from this day will guide them in making informed choices.

We also want to sincerely thank all the families who attended the Year 11 Revision Evening. Your support is crucial in helping your child navigate the challenges of exam preparation. The evening offered practical tips for supporting revision efforts at home, equipping both students and parents with the tools needed for a successful exam season next summer. Looking ahead, Year 11 students have the chance to visit Plymouth University next week as part of our commitment to raising aspirations and providing high-quality careers guidance. Thank you to those of you who have encouraged and supported your child to attend, we are sure they will find this a very positive experience.

In the Summer Term I explained that due to financial pressures we had applied to close our Post 16 provision at Clyst Vale. The application to close the Sixth Form has now been approved. While we fully recognize that this decision marks a significant loss for the College and understand the concerns and disappointment shared by many, we believe it is in the best long-term interests of our community. This decision is intended to strengthen the College's future by focusing on improving the quality of education for our 11-16 students and enhancing our financial stability. We remain committed to preserving the unique character and ethos of the College, ensuring it continues to be a safe and nurturing environment for all students.

Next Friday, we will be holding a non-uniform day to raise funds for Force Cancer, Exeter, a local charity. Events like this are an important part of our culture as a Rights Respecting School, reminding students of their role as global citizens. By supporting charitable initiatives, our students learn the value of empathy, community, and taking action to make a positive impact in the world around them. Thank you in advance for supporting us to raise funds, please remember you can either donate on the day or pay your contribution through School Gateway.

Thank you once again for your continued support. Have a lovely weekend.

Sara Jacobs, Principal

Key Dates for next week

25 October—Non Uniform Day for Force Cancer
28 October to 4 November—Half Term

Autumn Term Dates

20 December—Non Uniform Day for St Petrocks
20 December—Last Day of Term Finish 1.30pm

Student of the Week

Riley Watt & Freddie Ball 7GAW Izzy Buckland 7GLBA Cora Howland 7RKJO Elliott Simpson 7RCMO 7YDST Jayden Millington-Jones 7YEHA	Jack Chalet 8GRTU NP2N 8GTBE Aaron Rea 8RER Lily Evans 8RMCU Katie Down 8YCBO Tristan Collins 8YCFL	Freya Hudson 9GMNA 9GLTH 9RDFE Summer Selway 9RGWW Otis Chamberlain 9YGGA Sam Humphreys 9YBH
Year 7	Year 8	Year 9
NP2N 10GCMC Freddie Norman 10GMTH Oliver Clark 10RBAT 10RNS Owen Clarkson 10YMBR Zoe Troop 10YSWA	Brooke Barlow 11GABR Cleo Symons 11GDH Kaine Abbott 11RZB Finnley Topliss 11RSGA Eddie Marshall 11YSS Luke Bassett 11YADA	Ed Mills 12HP
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org
Lisa Jones	Early Help	jonesl1@clystvale.org

Students Cycling



With the rising costs of transportation and to be a greener college we are trying to expand our bike rack capacity, we are still looking for some sponsorship to help with buying these. If your child/ren cycle to Clyst Vale they need to have a current cycle pass. To obtain a pass please contact StudentServices@clystvale.org for an application letter. Please be aware that the wearing of helmets is mandatory.

Flu Immunisation

Kernow Health will be attending the college on Thursday 5th December to administer the flu nasal spray to all Year 7 to Year 11 students. Please see the email sent to you on Wednesday 9th October with all the details to complete the consent form. Please complete even if you are refusing to give consent, so the automatic reminders are not sent to you. Any problems please contact Kernow Health on Tel: 01392 342678 Email: Kernowhealthcic.schoolimmsdevon@nhs.net

Tempest



Tempest offer of free delivery to school has now finished. We have had one delivery of photographs and these have been taken out to tutors. The bigger year 11 group photographs are being collected by the student from Student Services. We are expecting more photographs to arrive next week from Tempest.

Post 16 News

On Wednesday next week, Year 13 students will be spending the entire morning in their Tutor Groups, focussing on Employability Skills. As part of this session, they will be participating in mock interviews – so will be coming into Post 16 dressed up smartly for the occasion.



A big thank you to the Governors and employers within the local community who have stepped in to act as interviewers for this event – we really appreciate your contribution, which is particularly relevant at this moment in the university application cycle.

A number of Post 16 students very kindly volunteered to stay on late at school for the Year 11 Revision Evening on Thursday this week. They helped to meet and greet Y11 families and serve some refreshments. With their busy study schedules, it is a credit to these students that they are prepared to give their time to help with school events and we'd like to acknowledge their assistance. Thank you to Rebekah, Heidi, Lucy, Eliz and Milo.

Attendance, Absence and Requests for Absence

Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

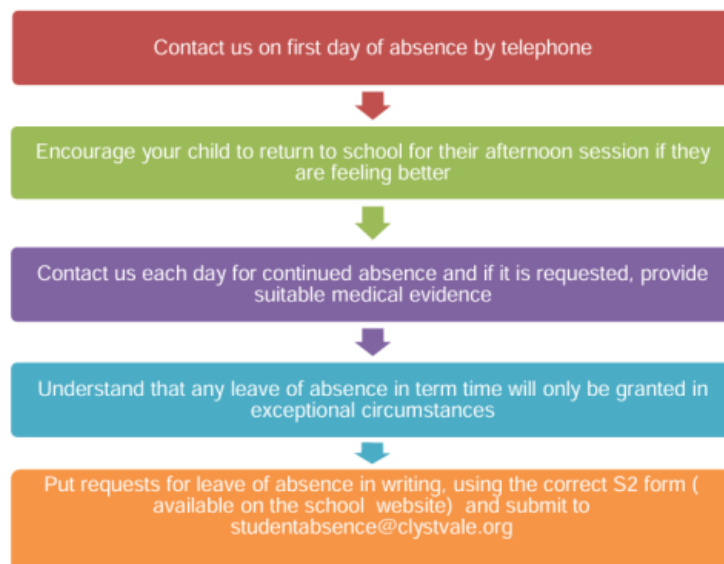
Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty
(Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 – 13 Absences

Sue Voysey

(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org



ESTEEM TEAM

**WHERE
&
WHEN?**

SUPPORTING NEURODIVERGENT CHILDREN & YOUNG PEOPLE WITH ANXIETY

**MONDAY 21ST OCT
1 – 3 PM**

The Gordon Messenger Centre
Lymington,
EX8 5AR

OR

**MONDAY 21ST OCT
6.30 – 8.30 PM**

Esteem Team Base,
Bastin Hall, Elm Grove,
Exmouth, EX8 1DJ

To book:

 caraesteem@gmail.com



OCT/NOV TIMETABLE

Talks are delivered online via zoom 7pm to 9pm £24 each
If you can't make the date or time all paid for talks are
recorded and available for 48 hours afterwards
Book online at facefamilyadvice.co.uk

FREE SESSIONS	
Introduction to Facing Defiance Decreasing Depression	24 OCT 25 NOV
Anxiety Explained	17 OCT
Understanding Anger	21 OCT
Autism: Improving Communication	28 OCT
Introduction to OCD	29 OCT
Improving Family Communication	4 NOV
Anxiety-Based School Avoidance	12 NOV
Anxiety Explained	14 NOV
Understanding Anger	18 NOV
Drug Awareness for Parents	19 NOV
Supporting Healthy Screen Use	21 NOV
What is ACT?	26 NOV
Understanding Addictive Behaviour	28 NOV

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Kids Eat Free, October Half Term 2024

Les Iguanas: Download the app and join 'My Las Iguanas' for free meals for mini-Iguanas. Kids get a main, two sides and a dessert with every adult main (or three tapas dishes) purchased.

- ASDA Café: Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required. The offer has been extended until the end of 2024. In addition, children will receive a free piece of fruit such as an apple, pear or banana when purchasing the hot kids £1 meal deal. Freebie: Asda also provides FREE Ella's baby food pouches for children under 18 months old with any purchase.
- Morrisons: Kids eat free all day, every day in Morrisons cafes nationwide, daily with every adult meal over £4.50. This offer includes half terms.
- Beefeater: Two children get free breakfast with one paying adult!
- Sainsbury's: Sainsbury's Cafes offers one child hot meal or lunch bag for £1 with any adult main meal purchased over £5.20. This offer is on every day from 11:30am. Kid's mains include one main, 3 sides a drink and a piece of fruit.
- Bella Italia: Kids Eat Free all day every Thursday and for £1 between 4-6pm, Sunday to Wednesday. Kids can enjoy three delicious courses & a drink! Meals are suitable for 2-11-year-olds.
- Ikea: Kids can enjoy Kids Pasta with Tomato Sauce and a soft drink for 95p or any other Kids Meal for £1.50 every day from 11am. Also, on Friday's kids get tomato pasta, a drink and a piece of fruit for just 45p.
- Premier Inn: At Premier Inn, you can enjoy their all-you-can-eat Breakfast for just £9.99 and up to two kids under 16 eat for free.
- Travelodge: At Travelodge, you can enjoy their all-you-can-eat Breakfast for just £9.75 and up to two kids under 15 eat for free.

For more information please visit: [Places Kids Eat Free in the Summer Holidays 2024 \(moneysavingcentral.co.uk\)](http://Places Kids Eat Free in the Summer Holidays 2024 (moneysavingcentral.co.uk)



Exmouth Community College
Worthing, BN11 1JG

SIXTH FORM OPEN EVENING
WEDNESDAY 23RD OCTOBER
4:30PM - 7:30PM

- Meet our sixth form team
- Talks at 5pm, 6pm, 7pm
- Learn about our courses
- Speak to our Students

"The school ensures all sixth-form students are well supported to complete their courses".
OFSTED 2024

01395264761

www.exmouthcollege.devon.sch.uk
post16@exmouthcollege.devon.sch.uk



We are excited to invite your young person to join us for our October Half Term Program, packed with fun and engaging activities! Running from 10am to 4pm, each session is designed to spark creativity and adventure.

Here's what's on offer:

Monday, 28th October: Autumn Antics at Killerton – A day of outdoor exploration and seasonal fun.

Tuesday, 29th October: Baking/Cooking – Get hands-on in the kitchen, whipping up delicious treats.

Wednesday, 30th October: Wildwood Adventure – Immerse in the animal world with exciting woodland activities.

Thursday, 31st October: Halloween Cooking & Crafts – Celebrate Halloween with spooky creations and themed cooking.

Cost: £80 per session.

To reserve your spot, request a registration pack or for more information, please follow this link <https://lifeworks-uk.org/lifeworks-half-term-holiday-programme/> or call us at 01803 865075. Spaces are limited, so don't miss out!

« SPACE »

Welcome to 100 Club Youth Centre!

Looking for a safe space to chill with friends or make new ones? With exciting opportunities, activities and competitions, there's always something on!

Juniors - Years 7 & 8
Tuesdays
6:30pm - 9pm

Seniors - Yr 9 - age 19
Wednesdays
6:30pm - 9pm

Inters - Years 8, 9 & 10
Fridays
6:30pm - 9pm

Online Youth Centre
Monday, Thursday, Friday
6.00 - 9.00
Can't make it to our youth club? You can access all the fun of a youth club from the comfort of your own home at our online youth centre hosted on discord!

Our facilities

- Pool tables
- Tuck shop and Kitchen
- Games Room
- American Diner & Arcade
- Sports hall
- Social Space
- Support Available

£1 entry - first time free!

Scan for more info



100 CLUB
@exeterspace

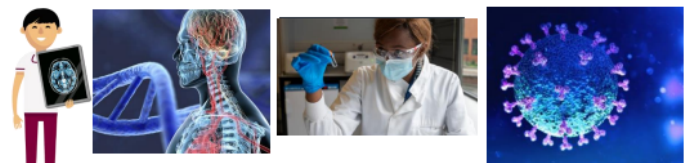
100clubyc@spacepsm.org

100 Club, Wear Barton Road
Countess Wear, Exeter EX2 7EH
01392 662227



Diagnostics & Healthcare Science Careers Event

at Horizon Centre, Torbay Hospital
on Saturday 23rd November 2024



What: Careers Event about diagnostic services, specifically including Radiography, Healthcare Sciences, and Pathology.
Who: open to KS4 students, their parents, and teachers.
When: Saturday 23rd November 2024. Morning or afternoon session.
Where: Horizon Centre, Lowes Bridge, Torquay, TQ2 7AA
How: The event is **free** but you must **pre-book a ticket** for each person attending, to secure your places. Please select either the morning or afternoon session below, **scan the QR Code**, and follow the link to book your free tickets.





In-person meet-ups Dates for Autistics, and their carers/families*

EXETER CULLOMPTON

- > Oct 3rd
- > Nov 7th
- > Dec 5th
- > Jan 9th
- > Feb 6th
- > Mar 6th

- > Oct 14th
- > Nov 11th
- > Dec 9th
- > Jan 13th
- > Feb 10th
- > Mar 10th

1030am to 1230pm

11am to 1pm

1st Thursday of month

2nd Monday of month

Wonford Community Centre.
Burnthouse Lane
Exeter. EX26NF .

The Avairy,
St Andrews Primary School,
Cullompton. EX151HZ



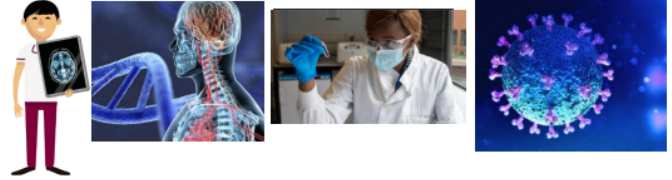
*under 18's must be accompanied, and remain responsibility of parent/ carers at all times.

Email: exeterdistrict.branch@nas.org.uk
or TEXT Only 07594 519850



Diagnostics & Healthcare Science Careers Event

at St Luke's Campus, Exeter University
on Saturday 9th November 2024



What: Careers Event about diagnostic services, specifically including Radiography, Healthcare Sciences, and Pathology.

Who: open to KS4 & 5 students, their parents, and teachers.

When: Saturday 9th November 2024. Morning or afternoon session.

Where: 79 Heavitree Road, Exeter, EX2 4TH

How: The event is **free** but you must **pre-book a ticket** for each person attending, to secure your places. Please select either the morning or afternoon session below, **scan the QR Code**, and follow the link to book your free tickets.



Morning Tickets



Afternoon Tickets



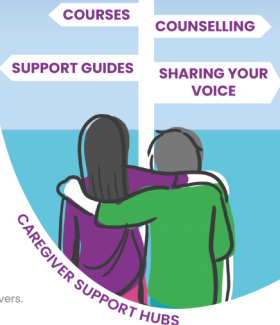
PARENTAL MINDS SUPPORT

Mental Healthcare ; Supporting Families

Do you have a question about Family Mental Health?

Not sure where/who to turn to for Mental Health Support?

We offer a safe place for parents/caregivers to be 'heard' and somewhere to exchange ideas, hints & tips with other parents/caregivers. We share information on Local and National mental health services.



WE PROVIDE

- Virtual Peer Support
- WhatsApp support
- Closed Facebooks
- Support calls
- Low-cost counselling

REGULAR EVENTS

- **Honiton** – 1-2 Kings Court, New St
2nd Thursday of the month, 19.00 – 21.00
- **Exeter** – John Lewis Community Room
2nd and 4th Tuesday of the month, 10.00 – 12.00
- **Sidmouth** – All Saints Church
2nd and 4th Wednesday of the month, 10.30 – 12.30



Visit our facebook or website for our calendars.

I In all **School Holidays**, please book with us via WhatsApp to attend hubs: 07907 614 516

ONLINE EVENTS

- **Bookable 1:1 on Teams**
Every Thursday, 13.30 – 14.30
1st & 3rd Wednesdays of the month, 10.30 – 11.30
Book: 07907 614 516
- **Online Peer Support Hub on Teams**
1st & 3rd Tuesdays of the month, 10.00 – 11.00
- **Online Workshops – Zoom**
4th Monday of the month
19.00 – 21.00

These dates may alter during school holidays.

1 to 1 booking also available. Message for more details.

REGISTER WITH US!

07907 614 516

facebook/PPSHUB

hello@parentalminds.org.uk

www.parentalminds.org.uk



FAMILY LIVED EXPERIENCE WITH PROFESSIONAL INPUT

VIRTUAL PARENT SUPPORT HUB

Teams 1:1

Unable to join an in-person hub?

Book a 1:1 with one of our peer support workers. WhatsApp 07907614516 to book a slot, available every Thursday between 1.30 and 2.30.



PARENTAL MINDS SUPPORT

Vacancies and Job of the Week



Senior Exams Invigilator

Grade C (point 7) £15.24 per hour (pay award pending)

As Senior Examinations Invigilator, you will be required to lead the team of invigilators conducting internal and external examinations for students, ensuring that all regulatory requirements and school policy and procedures for the conduct of examinations are strictly adhered to and met at all times. The Senior Examination Invigilator will need to be present at all exam periods and during the Summer. These months include November, December, January, March, May and June.

You will need to have previous experience as an Exams Invigilator and have an understanding of the UK Exams process. Experience in managing groups of young people would be helpful. Training will be provided. If you are calm under pressure, have a pleasant nature but a keen eye then this could be the position for you.

For full details and to apply, please visit our website: <http://www.clystvale.org/vacancies/>

Suitable candidates will be contacted to attend for interview.

The vacancy will be closed once a suitable appointment has been made.



Cover Supervisor (Fixed Term)

Grade D (point 12) £18,507

Working hours are Monday-Friday 08:30-15:20 (Term Time)

To start as soon as possible (subject to DBS clearance), we wish to appoint a highly motivated, organised and confident person to join our team as a Cover Supervisor who can oversee classes when teachers are absent, ensuring that learning in the classroom is maximised. The role is initially fixed term to 14 February 2025 covering long term absence and this will be reviewed at that time.

For full details and to apply, please visit our website: <http://www.clystvale.org/vacancies/>

Suitable candidates will be contacted to attend for interview.

The vacancy will be closed once a suitable appointment has been made.

Job of the Week

These are provided through the MYPATH careers webpage.

MARINE ENGINEER

Marine Engineers are responsible for designing, developing, and maintaining the mechanical and electrical systems of ships and offshore structures. This role involves working on various types of vessels, including commercial ships, submarines, and yachts, ensuring that their engines, propulsion systems, and other essential machinery operate efficiently and safely. Marine Engineers perform regular diagnostics, repairs and inspections, often employing advanced technology and adhering to stringent maritime regulations.

Entry-level Marine Engineers typically earn between £25,000 and £35,000 annually. With several years of experience and additional certifications, mid-level professionals can expect to see their salaries rise to between £35,000 and £50,000 per year.

JOB OF THE WEEK

Supporting Learning at Home

What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link [Supporting learning at home | Parentkind](#)



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

<http://www.clystvale.org/contact-us/>

Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

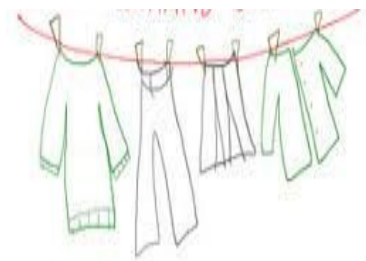
Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)

