

"The Internet is a wonderful tool, but technology is increasing faster than the safety message is."

Principal's Update



Sara Jacobs
Principal



Dear Parents / Carers

At Clyst Vale, we are committed to fostering a positive culture where students are rewarded for their hard work, dedication, and positive contributions to school life. Our focus is on celebrating success and encouraging students to strive for their best. Today, it was fantastic to see students who won the award for being the Tutor Group who achieved the most achievement points last term enjoying the privilege of wearing non-uniform as a reward for their efforts. This recognition highlights the importance of teamwork, engagement, and the positive ethos we aim to build within our school community.

We also want to take a moment to praise our Year 11 students for their fantastic attitude towards their studies. It has been great to see so many of them making the most of the extra revision sessions available, showing real commitment to their learning. On Wednesday, I had the opportunity to drop in on the DT intervention session, and the atmosphere was incredibly positive—students were focused, engaged, and taking full advantage of the support on offer. Similarly, those who took part in the Hospitality and Catering practical exams on Monday and Tuesday did

themselves proud, demonstrating skill and dedication. The commitment of our teaching staff has also been outstanding, with one member of staff even coming in on their day off to provide extra support. This truly reflects the 'extra mile' that staff at Clyst Vale go to in order to help students succeed.

Thank you to all our parents/carers and students who were able to come along to our Options Evening last night. We were delighted to welcome you and I hope you found the evening beneficial. The fantastic turnout reflected the strong support of our parents and carers, something we truly value at Clyst Vale. We take great pride in offering a broad and diverse Key Stage 4 curriculum, and as a Rights Respecting School, we are committed to empowering students to make well-informed choices about their future studies. To further support students in making these decisions, there will be an Options Fair next Wednesday, where they will have the opportunity to hear from peers currently studying the subjects they are considering. If any student needs additional support or guidance, there will be the opportunity to request an interview, please contact Miss Martin and she will arrange this for them. If you were unable to attend last night's event, all the relevant information will be available on our website from Monday 3 February [Options – CVCC](#).

Finally, a quick apology if your child arrived home a little muddier than usual this week! While the field was closed from Monday to Wednesday, we decided to open it on Thursday after hearing just how much students were desperate to get outside and enjoy a game of football with their friends. Of course, enthusiasm for the game sometimes outweighs caution for keeping uniforms spotless—but we know how important it is for students to have the chance to let off steam and enjoy themselves.

Please remember we are restarting our PTA, with the first meeting taking place at 6pm on Monday 10th February. If you are able to give up a bit of your time to come along and discuss how you might be able to get involved, we would love to see you. Your support can make a real difference, and we are looking forward to working together to create more opportunities for our students.

Sara Jacobs, Principal

News from Post 16

There was a collective sigh of relief in Post 16 at the end of Wednesday's last Y13 mock exam. Well done to all of our students who (despite the unexpected road works and diverted bus service adding an extra layer of challenge) arrived on time and with all of their equipment. Teachers will now be busy marking papers with results due to be officially handed out to students in sealed envelopes on 12th February. With thanks to our Exams Team, including the invigilators, who ensured that the process ran very smoothly indeed.

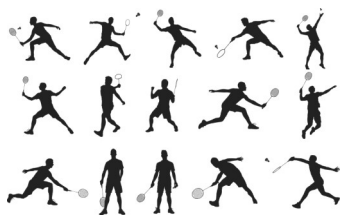
Meanwhile, the UCAS deadline has now officially passed with all students who wish to start university courses in September successfully submitting applications. New offers are being issued every day, so applicants should keep an eye on their emails for the latest information. If any help or support is needed, for example in preparing for interviews or examinations, students should speak to their Tutors, Miss Haynes or Sue Voysey – we will be very happy to help.

On Wednesday, Year 12 enjoyed a Tutorial session with Gina Dunn, visiting us from the Student Recruitment team at the University of Cardiff. Gina spoke to our students about Higher Education themes, as we start to prepare for next year's round of UCAS applications!

Next week, Pete Offord from the University of Exeter returns to lead a Tutorial session with Year 13 on student finance and how to manage 'living on a budget'.

The following week, on 12th February, we are running catch-up HPV vaccinations (this has been offered for Post 16 students only). Parents and carers have received an email with a form to return, indicating if their child does or does not require this. It is unlikely that this session will be offered again to this age group at Clyst Vale, so please be sure to let us know if your child wishes to participate. Thank you!

Good luck



Good luck to the boys and girls playing in the Devon badminton finals in Paignton on Tuesday. The 13 students from Clyst Vale are playing as winner of the Exeter and District round held before Christmas.

Monday's KS3 badminton club will be given over to squad training only just this week. Back to normal for all the boys and girls from years 7-9 on Monday 10th Feb.

Job of the Week

These are provided through the MYPATH careers webpage.

AGRICULTURAL ENGINEER

Agricultural engineers help make farming more efficient, sustainable, and high-tech. They work on designing and improving machines, like tractors or harvesters, and systems for things like watering crops, managing waste, and protecting the environment. They often team up with farmers and scientists to find better ways to grow food, use less energy, and take care of the land. By using technology, like drones or GPS systems for precision farming, agricultural engineers help make sure farms run smoothly while also reducing the impact on nature. Agricultural engineers also help tackle big challenges, like climate change and feeding a growing population. They come up with new ways to grow crops using less water and fewer chemicals, which helps keep the environment healthy.

When starting out, agricultural engineers can expect to earn around £20,000 to £30,000 a year. As they gain more experience and take on bigger projects, their salary can rise to between £35,000 and £50,000+ a year.

[JOB OF THE WEEK](#)

Student Services Key Updates and Reminders

Discover Downing Scholars Programme

Downing College is preparing to launch a new programme for current Year 9 students heading into Year 10 in September who are interested in studying an arts and humanities subject in the future. Participants will be given the opportunity to develop their academic skills and knowledge whilst exploring the arts and humanities opportunities at Cambridge. A sign-up form for students to register early interest can be found below:

https://cambridge.eu.qualtrics.com/jfe/form/SV_cSm4uWboM8Im1OS

Use of Social Media

Please can parents remind their children about the importance of keeping safe online. We are aware a large number of students regularly use online applications such as what's app and snap chat. There have been some concerns raised about some of the content shared between students on these platforms, it is important that children are aware that sharing inappropriate content can lead to them committing a criminal offence or causing harm or distress to themselves or others. Further advice regarding how to help your child keep safe online can be accessed here

[Keep Children Safe Online: Information, Advice, Support - Internet Matters](#)

www.internetmatters.org

<https://www.nspcc.org.uk/keeping-children-safe/online-safety>

<https://www.barnardos.org.uk/blog/online-safety-parents-questions>

Thank you for your support.

Year 11 Leavers Events

School Gateway is now open for purchasing attendance for the Prom and also the Yearbook. An email was sent to Year 11 parents/ carers today with the full information. Prices are Prom £45 and Yearbook £20.

Hoodies are now available to buy with the online shop from Leavershoodies.com. The shop link is <https://www.leavershoodies.com/clyst-vale-community-college-2025-leavers>. Please be aware that the shop closes on Friday 28th March. After this date you will not be able to purchase a hoodie.

Homework



You can see homework which has been set for your child on Edulink. Please encourage your child to complete it. Homework helps teachers determine how well the lessons are being understood by their students. Homework teaches students how to problem solve. Homework gives student another opportunity to review class material. And, Homework gives parents a chance to see what is being learned in school.

Parent's Evenings 2025

Year 8 Parents' Evening- 06/03/2025

Year 10 Parents' Evening- 20/03/2025

Year 7 Parents' Evening- 05/06/2025

Key Dates for next week

Spring Term Dates

14 February—Non Uniform Day in aid of Devon Air Ambulance

17 to 21 February —Half Term

4 April—Last day of Spring term

Student Services Key Updates and Reminders

LUNCH CLUBS Spring Term 2025

Day	Club	Time	Where	Changing Room	Teacher
Monday	GCSE Spanish Revision	Lunchtime	MF4		Mrs McConachie
Monday Week A	GCSE French Club	13:40-14:00	MF2		Mrs Theeten & Ms McConnachie
Monday	Maths Set 7 Year 11	Lunchtime	MA8		Miss Barratt
Monday	Music Practice Club	Lunchtime	PA2		Mr Hawkins
Monday	GCSE Religious Studies revision	Lunchtime	HU1		Miss Brotherton
Monday	GCSE PE Revision	Lunchtime	PE5		Mr Pearce & Mrs Broomfield
Monday	Badminton – Years 7/8/9	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Monday	Weights – Years 10/11/12/13	Lunchtime	Studio		Mr Gardener
Monday	Netball Squad training – Years 7/8	Lunchtime	Courts	Humanities	Miss Curtis
Monday Week B	Dungeons & Dragons Club	Lunchtime	IT3		Mr Bailey
Tuesday Week A	Science Club – Years 7 / 8	Lunchtime	SC9		Miss Tuthill & Ms Spencer
Tuesday	Choir	Lunchtime	PA2		Mr Hawkins
Tuesday	Basketball All Years	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Tuesday	Dance Years 7/8/9	Lunchtime	Studio	Humanities	Miss Hall
Tuesday (after Oct half term)	Ten Tors – Years 9 to 11	Lunchtime	IT4		Mr Eales & Miss Barratt
Tuesday	Amnesty	Lunchtime	EN7		Miss Watt
Tuesday	Year 7 Book Club	Lunchtime	Library		Mrs Southard
Tuesday	Games Club- Year 7-9	Lunchtime	HU5		Ms Jenkins
Tuesday	Ten Tors	Lunchtime	IT4		Miss Barratt
Tuesday	BTEC Enterprise Coursework Catchup	Lunchtime	ITS		Ms Jones & Ms Prance
Wednesday	Badminton – Year 11/12/13	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Wednesday	Fitness	Studio	Dance Studio		Mrs Broomfield
Wednesday	Rock Club- Music	Lunchtime	PA3		Mr Kidd
Wednesday	Film Club	Lunchtime	HU6		Miss Matthews
Wednesday	GCSE Photography	Lunchtime	IT4		Mrs Wakefield
Wednesday	Spanish Year 7	Lunchtime	MF3		Miss Theeten
Thursday	GCSE Spanish Revision	Lunchtime	MF4		Mrs McConachie
Thursday	Geographers Club	Lunchtime	HU8		Mr Thomas
Thursday	Hospitality and Catering Catch Up Year 10	Lunchtime	IT1		Miss Dinning
Thursday	Indoor Football – Year 10	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Thursday	GCSE Art Club	Lunchtime	AR2		Mrs Walton
Friday	Year 10 Beginners German	Lunchtime	MR4		Mrs McConachie
Friday	Inter Tutor	Lunchtime	Various	Various	Mr Pearce & Mr Powell & Miss Hall & Mrs Broomfield
Friday	Indoor Football – Year 11/12/13	Lunchtime	Sports Hall	Sports Hall	Mr Pearce
Friday	Yu-Gi-Oh Club All Years	Lunchtime	SC3		Mr Moxey
Friday	Music Technology	Lunchtime	PA3		Mr Kidd
Friday	Jazz Band	Lunchtime	PA2		Mr Hawkins
Friday Week B	LGBTQ+	Lunchtime	MF1		Ms McConnachie

After School Clubs Autumn Term 2024

Day	Club	Time	Where	Changing Room	Teacher
Monday	Homework Club	3:30-4:45PM	IT2		Supervisor
Monday	GCSE Dance Year 10	3:30-4:30PM	Studio	Humanities	Miss Hall
Tuesday	Homework Club	3:30-4:45PM	IT2		Supervisor
Tuesday	GCSE Music	3:30-4:30PM	PA3		Mr Hawkins & Mr Kidd
Tuesday	Netball Year 7	3:30-4:30PM	Courts	Humanities	Miss Curtis
Wednesday	Homework Club	3:30-4:45PM	IT2		Supervisor
Wednesday	Drama- All Years	3:20-4:45PM	PA1		Miss Ruscoe
Wednesday	GCSE Revision Sport Studies/ PE Catch up	3:20- 4:30PM	IT3		Mrs Broomfield
Wednesday	Rugby Year 7/8/9/10/11	3:20-4:30PM	Field	Humanities	Mr Pearce & Mr Powell & Mr Stapleton
Wednesday	Netball Year 7 & 8	3:20-4:30PM	Courts	Humanities	Mrs Elliot, Miss Curtis
Wednesday Week B	GCSE Food Catch up	3:30-4:30PM	DT2		Mrs Crook
Wednesday	GCSE D&T	3:20- 5PM	DT1 & DT2		Mr Arthur & Mr Hewlett
Thursday	Homework Club	3:30-4:45PM	IT2		Supervisor
Thursday	GCSE D&T	3:20- 5PM	DT1 & DT2		Mr Arthur & Mr Hewlett
Thursday	GCSE Spanish		MF4		Mrs McConachie
Thursday Week A	GCSE Food Catch up Session	3:30-4:30PM	DT2		Mrs Crook
Thursday	Netball Year 10/ 11	3:30-4:30PM	Courts	Humanities	Mrs Broomfield
Thursday	Table tennis Year 9 invite only	3:30-4:30PM	Sports Hall	Sports Hall	Mis Curtis & Mr Stapleton

Colour Coding Physical = Yellow, Volunteering = Red, Skill = Blue

Student of the Week

Thomas Cudd 7GAW Karmen Ciuiko 7GLBA Maggie Somerville 7RKJO Zara Davies 7RCMO Siby Pedze 7YDST Anna Doe 7YEHA	Tei-Jai Davies 8GRTU Isla Wright 8GTBE Olivia Peach 8RER Connie Scott 8RMCU Ashton Taylor 8YCBO Charlie Norman 8YCFL	Oliver Pratt 9GMNA Bella Bidder 9GLTH 9RDFE NP2N 9RGWW NP2N 9YGGA NP2N 9YBH
Year 7	Year 8	Year 9
Seth Craig 10GCMC Grace Radmore 10GMTH Ben Peacock 10RBAT Brooke Humphreys 10RNS Ethan Rees 10YMBR Daisy Andrew 10YCHW	Lexi-Mae Kingdon 11GABR Lily Taylor 11GDH James Dickinson 11RZB Alfie Smith 11RSGA Freya Bayley 11YSS Will Stone 11YADA	Zach Jenner 13JP
Year 10	Year 11	P16 Commendation



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs	Principal	Jacobss@clystvale.org
Lisa Martin	Deputy Principal (Curriculum)	martinl@clystvale.org
Paul Sutton	Deputy Principal (Pastoral)	suttonp@clystvale.org
Ann Hopkins	College Manager	hopkinsa@clystvale.org
Allen Bailey	Assistant Principal	baileya@clystvale.org
Louise Telford	SENDCo & Assistant Principal	telfordl@clystvale.org
Claire Haynes	Head of Post 16	haynesc@clystvale.org
Lisa Jones	Early Help	jonesl1@clystvale.org

Modern Foreign Languages

iHola! Salut!

COMPETITION CORNER

Create a Valentine's Day Card in any foreign language.

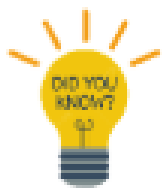
Give it to your MFL teacher for a chance to win.

Competition closes: Fri 31st Jan at 4pm

MONTHLY QUIZ

1. In which country do people wear polka-dots and eat round fruits on New Year's Eve for prosperity in the upcoming year?
2. How many times do Buddhist temples ring their bells in Japan shortly before midnight on New Year's Eve?
3. In what country do they eat a grape each time the clock strikes midnight on New Year's Eve?

Email your answers to your MFL teacher to win P1s.



Welsh in South America

Argentina has a hugely surprising number of Welsh speakers within its population! This is due to settlers inhabiting the scenic Patagonian mountains.

Revision tip

Extend your vocabulary. The more language you have, the better. You will be able to use almost any structure, vocabulary and expression in one way or another.



Reason to learn a language

Learning a second language opens up the opportunity for being part of a community with a different culture and learning more about the world around us.

SPANISH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

**Gallo y grillo, gritan, gozan.
Gritan, gozan, grillo y gallo.**

Rooster and cricket, Yell and have a good time. Yell, have a good time, cricket, and rooster.

FRENCH TONGUE TWISTER

Sounds easy? Try repeating it over and over...

Fruits frais, fruits frits, fruits cuits, fruits crus.

Fresh fruit, fried fruit, cooked fruit, raw fruit.

STUDENT WORK

In December 2024, we ran an MFL Flash Fiction Competition for year 8 and 9 students who were tasked with writing a short story of no more than 100 words in French.

We would like to thank everyone who entered the competition and commend you all for your hard work and creativity in writing a piece of fiction in a different language. This is a challenging exercise, and a significant achievement – congratulations all!

The MFL department were really impressed by the variety in the stories and by how much emotion and detail could be packed into just 100 words. We are delighted to be able to announce the winners, runners up, and highly commended entries below.

Dexter Bennett – year 8B1 (Journée à la plage - [Day at the beach](#)) - WINNER

Les nuages écarlates reflètent le soleil brillant, qui commence tout juste à descendre sous la ligne d'horizon. Les macareux et les fous de Basan planent au-dessus de nous par paires, se tortillant, roulant des tonneaux et volant ensemble dans le ciel rose-orange. La brise océanique souffle de l'air salé sur nos visages et les douces odeurs des palmiers et des noix de coco ravissent nos sens. Je lui souris, et elle me sourit en retour, les coins de sa bouche se plissant et ses yeux scintillant dans la lumière dorée – ces yeux, beaux, parfaitement bruns et gentils. Oh, comme je pourrais la regarder dans les yeux sans jamais détourner le regard. Je suis heureux parce que je sais que j'ai trouvé l'amour de ma vie.

The scarlet clouds reflect the shining bright sun, just starting to dip below the horizon line. Puffins and gannets soar above us in pairs, weaving and barrel-rolling and flying together in the pinky-orange sky. The ocean breeze blows salty air into our faces, and the sweet smells of palm trees and coconuts pleases our senses. I smile at her, and she smiles back, the corners of her mouth creasing, and her eyes twinkling in the golden light - those eyes, beautiful, and perfectly brown and kind. Oh, how I could look into her eyes and never look away. I am happy, because I know I have found the love of my life.

French Max Hookway – year 8R1 – RUNNER UP

Tard dans la nuit, Fin a entendu des coups à la fenêtre de sa chambre. Au début, il crut qu'il s'agissait d'une branche d'arbre, mais les tapotements devinrent rythmés, délibérés. Hésitant, il jeta un coup d'œil à travers les stores. Son cœur se figea. Dehors, une silhouette pâle se tenait debout, le visage tordu par un sourire grotesque, les yeux écarquillés et fixes. Il leva la main et tapota à nouveau, mais cette fois, il murmura son nom. Il recula, alors qu'il se tournait, Fin entendit une fenêtre se briser, la silhouette était soudainement dans la pièce, son souffle froid contre sa gorge. Fin laissa échapper un cri mais rien n'en sortit. Il était gelé.

Late at night, Fin heard tapping on his bedroom window. At first, he thought it was a tree branch, but the tapping grew rhythmic, deliberate. Hesitant, he peeked through the blinds. His heart froze. Outside, a pale figure stood, its face twisted in a grotesque smile, eyes wide and unblinking. It raised a hand, tapping again, but this time, it whispered his name. He backed away, as he turned, Fin heard a window shattering the figure was suddenly in the room, its breath cold against his throat. Fin let out a scream but nothing came out. He was frozen.

Ruthie Dearden-Watts – year 9B1 – RUNNER UP

Je me sens perdu. Je me sens seul. Je suis coincé ici et rien, mais mes faibles appels à l'aide peuvent me sauver maintenant. Tout s'est passé en un éclair. Tout ce que j'entends, ce sont des fracas, des bruits

sourds et les sirènes de diverses aides. Une aide qui ne pouvait pas me trouver. Une aide qui n'a pas pu me sauver. Il faisait noir, j'avais mal à la jambe et je manquais d'air. Mon cœur battait à tout rompre, mon esprit saignait. Mais la pire douleur de toutes était le chagrin que j'ai ressenti. La pièce manquante de ma vie, c'était elle. Et maintenant, elle est partie

I feel lost. I feel alone. I am stuck here and nothing, but my weak calls for help can save me now. It all happened in a flash. All I can hear is crashing, thudding and the sirens of various help. Help that couldn't find me. Help that couldn't save me. It was pitch black, my leg hurt and I was running out of air. My heart was racing, my mind was bleeding. But the worst pain of all was the heartache that I felt. The missing piece of my life was her. And now she's gone.

Finnley Abbott – year 8R1 - HIGHLY COMMENDED ENTRY

Dans un petit village, Clara se promenait souvent près du lac. Un jour, elle aperçut une vieille boîte en bois sous un arbre. Curieuse, elle l'ouvrit et découvrit une lettre poussiéreuse. C'était une déclaration d'amour oubliée, écrite il y a des années. Intriguée, Clara décida de retrouver l'auteur. Après plusieurs jours de recherches, elle rencontra Antoine, un vieil homme qui avait écrit la lettre pour sa bien-aimée, mais n'avait jamais eu le courage de la lui donner. Ils rirent ensemble, et Clara lui offrit un sourire, celui qu'il attendait depuis si longtemps.

In a small village, Clara often walked near the lake. One day, she saw an old wooden box under a tree. Curious, she opened it and discovered a dusty letter. It was a forgotten declaration of love, written years ago. Intrigued, Clara decided to find the author. After several days of searching, she met Antoine, an old man who had written the letter for his beloved but had never had the courage to give it to her. They laughed together, and Clara gave him a smile, the one he had been waiting for for so long.

Sam Russell – year 8R1 – HIGHLY COMMENDED ENTRY

La neige tombait sur le village, et tout était prêt pour Noël. La famille James se réunissait autour du sapin. Les enfants attendaient l'arrivée du Père Noël. « Il va passer ce soir ! » dit Claire, les yeux brillants. Le père alluma la cheminée, et la mère servit un chocolat chaud. À minuit, ils se tenèrent la main, chantant ensemble des chansons de Noël, remplis de joie et d'amour. C'était une nuit magique, où chaque cœur battait à l'unisson..

Snow was falling over the village, and everything was ready for Christmas. The James family gathered around the tree. The children awaited Santa's arrival. "He'll come tonight!" Claire said, her eyes sparkling. The father lit the fireplace, and the mother served hot chocolate. At midnight, they held hands, singing Christmas carols, filled with joy and love. It was a magical night, where every heartbeat as one.

Leyton Simpson – year 9B1 - HIGHLY COMMENDED ENTRY

Maxime était un garçon curieux. Un soir, il aperçut une lumière étrange dans la forêt. Intrigué, il s'y rendit. Là, il découvrit une porte magique cachée sous un vieux chêne. En la franchissant, il se retrouva dans un monde où les animaux parlaient et les arbres dansaient. Un lion lui donna une mission : sauver la forêt d'un dragon. Maxime courut, courageux, et avec l'aide de ses nouveaux amis, il vainquit le dragon. La forêt le remercia, et Maxime rentra chez lui, avec un secret magique.

Maxime was a curious boy. One evening, he saw a strange light in the forest. Intrigued, he went there. He discovered a magical door hidden under an old oak tree. As he stepped through, he found himself in a world where animals spoke and trees danced. A lion gave him a mission: to save the forest from a dragon. Maxime ran, brave, and with the help of his new friends, he defeated the dragon. The forest thanked him, and Maxime returned home, carrying a magical secret.

Attendance, Absence and Requests for Absence

Reporting an Absence

Parents are expected to inform us of their child's absence before 9.00 a.m. on each day of absence providing the reason for absence. If the absence continues beyond the first day, please contact the College on each subsequent day of absence, too. To comply with safeguarding obligations, we cannot simply assume a student's sickness absence is ongoing; we need to be certain that the reason for absence is due to continuing illness. If you do not notify the College, then we will make contact with you to identify the reason for absence. This is important as it helps to reduce unauthorised absences and truancy. In addition, the College may ask you to provide medical proof if your child is absent from College due to illness.

Lateness

The school day (first registration session) starts at 8.50 am, all students are expected to be in their classroom at this time.

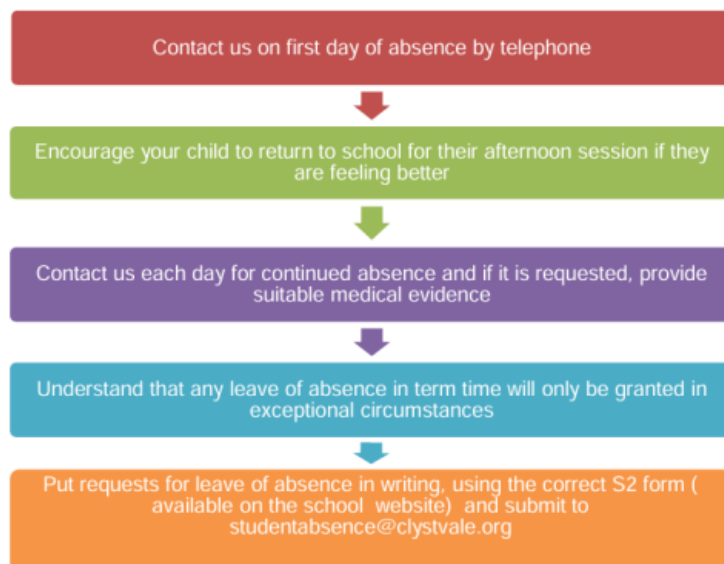
Medical Appointments

We encourage students to maximise their levels of attendance; research indicates a direct link between attendance and examination performance. The timing of many medical appointments means that often students can attend school first and return afterwards. By doing so, students minimise missed learning whilst keeping their attendance levels as high as possible. We ask that parents/carers send their child into school for morning registration, even when a medical appointment takes place in the middle of the morning. Similarly, appointments scheduled for the afternoon should, where possible, be arranged after Period 4 - during lunchtime. Students are encouraged to return to school after a lunchtime appointment if they can.

Please give the school as much notice as possible, at least two weeks' notice is useful.

If the appointment requires the pupil to leave during the day, they must be signed out by an adult listed on the student's record at the main reception.

Please follow this process if your child is going to be absent from school:



For Years 7 – 11 Absences

Sharon Leaman/Cath Prunty

(Attendance Officers)

Direct line: 01392 463911

Email: studentabsence@clystvale.org

For Year 12 – 13 Absences

Sue Voysey

(Assistant to Head of Post 16)

Direct line: 01392 462697

Email: voyseys@clystvale.org and copy in Head of Sixth Form: haynesc@clystvale.org



February 2025 Newsletter

Thursday
20th Feb
19:00 - 20:00
FREE



FREE SESSION
Supporting Healthy Screen Use
A range of steps that can help minimise the harms from screens

Monday
3rd Feb
10:00 - 11:30
£24



Supporting a Child with ADHD
Challenging the stereotypes and giving practical interventions. Clear explanation of the condition in all its forms and extremely useful advice.

Tuesday
11th Feb
19:00 - 20:30
£24



Facing Defiance
Specific strategy to help parents manage defiant and challenging behaviour, especially aimed at ADHD, ODD and PDA conditions, 5 to 12 years old.

Tuesday
18th Feb
19:00 - 20:30
£24



Cannabis & Ketamine Awareness
Get the facts and know the harms about these two drugs so you can hold an informed conversation with your teens.

Tuesday
25th Feb
19:00 - 20:30
£24



Understanding the Teenage Brain
A 'must see' for all parents and teachers of teens and pre-teens. Explains why teens think, feel and behave very differently from adults and how we can support them.

facefamilyadvice.co.uk

info@facefamilyadvice.co.uk

Understanding Anger	10 FEB 7pm
Supporting Healthy Screen Use	11 FEB 10am
Facing Defiance	14 FEB 7pm
Raising Self-Esteem	27 JAN 7pm 25 FEB 10am
Supporting Healthy Sleep	28 JAN 7pm 24 FEB 10am
Supporting a Child with ADHD	3 FEB 10am 3 MAR 7pm
Improving Family Communication	3 FEB 7pm 4 MAR 10am
AUTISM: Improving Communication	4 FEB 10am 4 MAR 7pm
Understanding Addictive Behaviour	4 FEB 7pm 3 MAR 10am
Anxiety-Based School Avoidance	10 FEB 10am 10 MAR 7pm
What is ACT?	17 FEB 10am 17 MAR 7pm
Introduction to OCD	17 FEB 7pm 18 MAR 10am
Anxiety Explained	18 FEB 10am 18 MAR 7pm
Cannabis & Ketamine Awareness	18 FEB 7pm 17 MAR 10am
Decreasing Depression	24 FEB 7pm 25 MAR 10am
Understanding the Teenage Brain	25 FEB 7pm 24 MAR 10am

Programme Details:

Dates: 17th–20th February 2025

Time: 10:00 AM – 4:00 PM

Ages: 11–30

Activities:

17th February: Social Club & Cooking

18th February: Mask Making in Exeter

19th February: Music & Drumming

20th February: Winter Spotters on the Greenway Trail

Join us for one day or all four -

Cost per session £80 for 1:4 support
or £135 for 1:1 support.

Places are limited, so make sure to book your spot soon.

How to Register:

email

admin@lifeworks-uk.org

or contact us at 01803 865075
by 10th February 2025

We can't wait to see you there!



Our dedicated team is here to ensure your experience is enriching and fulfilling. We believe in celebrating each individual's unique strengths and talents, creating a community where everyone shines brightly.

Socialising

Art, Craft,

FEBRUARY
HALF TERM
PROGRAMME

Cooking & Baking

Trips Out

Sports

Gardening

and much, much more!!!!

For a registration package and booking sheet contact:
Lifeworks Community,
Dartington, TQ9 6JD
Tel: 01803 865075 or email admin@lifeworks-uk.org

in partnership with
Devon County Council

0800 538 5458

DEVON FAMILY HUBS

ADVICE
HELP
SUPPORT
INFORMATION

0800 538 5458

Our new Devon Family HUBS
Advice & Guidance Line - open Monday to Friday 10AM until 4PM

CALL US
We're here to help...

Family HUBS Advice & Guidance Line
0800 538 5458

"Calmer Lives helped us to reconnect with our children and enabled us to further support each of them individually."
Hunt family

CALMER LIVES
THERAPEUTIC SUPPORT,
EMBRACING NEURODIVERSITY

A unique therapeutic service supporting neurodiverse individuals and families to live calmer, connected, happier lives

We can Support

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- parents & carers 1:1
- young person 1:1
- families 1:1
- neurodivergent adults 1:1
- professionals
- in person

www.calmerlives.co.uk
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01392 360645-ext 3

Calmer Lives is a service of
ceda
CREATING OPPORTUNITIES WITH DISABLED PEOPLE

Registered as a company limited by guarantee- 4693500 REGISTERED CHARITY No. 1096528

1ST JOIN WHIMPLE CUBS & SCOUTS

We meet weekly during term time:
Cubs - Mondays - 6.30 - 8.00
Scouts - Tuesdays - 7.00 - 8.30

To find out more or join us, email:
Cubs (age 8 - 10½) - rosemaryhilling@gmail.com
Scouts (age 10½ - 14) - cat.culshaw@gmail.com

Broadclyst Theatre Group Presents

Showing at
Broadclyst Victory Hall

Rapunzel
Written by Ben Crocker

February

6th 1930
7th 1930
8th 1430 & 1930

Adults £10 Under 14s £6.50
Book Ticket at www.ticketsource.co.uk/broadclyst-theatre-group

Supporting Learning at Home

What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link [Supporting learning at home | Parentkind](#)



Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Edulink & contact With the College

Please do not address emails, or replies to Edulink messages, to Edulink@clystvale.org. It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Edulink messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org.

There is also a contact form and details below.

<http://www.clystvale.org/contact-us/>

Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Second Hand School Uniform

Thank you for supporting the community and local charity shops. The sale of preloved uniform is proving successful. If you have any items that are no longer needed but still in very good condition, please donate them to one of the local charity shops. Both shops have set aside rails designated for college uniform.

Clyst Caring Friends is located in Broadclyst village and our local Barnardo's shop is in Cranbrook.

Their opening hours are:

Clyst Caring Friends, Broadclyst (01392 467555)

Mondays—closed

Tuesday to Friday—09.30 to 15.30

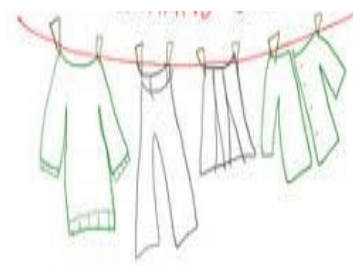
Saturday—09.30 to 12.00

Sunday—closed

Barnardo's, Cranbrook EX5 7DR (01404 514934)

Monday to Saturday—09.00 to 17.00

Sunday—10.00 to 16.00



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)

